

kacobriobis uZvel esi seni?

sqesobrivi gziT gadamdebi daavadebebi!

samwuxar od, XXI saukunis dasawyiSi sqesobrivi gziT gadamdeb daavadebaTa (sggd) probl ema kvl av aqtual uria. maTi sixSire msofli ioSi stabil urad maRal ia, xol o Sedegebi _ damafiqrebel i. gnebaVT faqt ebi?

- ◆ miuxedavad eqimTa aqtiuri brZol isa, msofli ioSi yovel wl iurad sggd-is 330 ml n. axal i SemTxvea registrirdeba.
- ◆ msofli ioSi yovel wl iurad saSual od 865000 adamiani avaddeba sggd-iT.
- ◆ SidsiT inficirebul adamianta 80% sqesobrivi gziT daavadda.
- ◆ unayofobis mizezs SemTxvevaTa 60-70%-Si gadatanil i sggd warmoadgens.
- ◆ sggd warmoadgens saSvil osnogsare orsul obis, TviTnebiTi abortebis, naadrevi mSobiarobis, axal Sobil Ta paTol ogiebis ganviTarebis risk-faqtors.

msofli ios mraval wl iani gamocdil eba gviCvenebs, rom sggd-is maRal i sixSire adamianebis arainformirebul obis an daudevrobis Sedegia.

gavacnobieroT safrTxe, romel ic gvemuqrebal!

davexmaroT medicinas sggd-Tan brZol aSi!

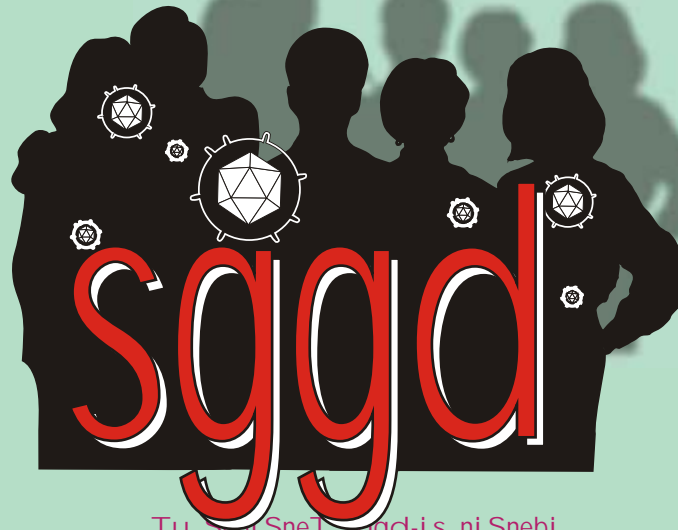


romel i daavadebebi vrcel deba sqesobrivi gziT?

dReisaTvis cnobil ia 25-mde saxis sggd. maT Soris yvel aze gavr cel ebul ia: triqomoniasi, ql amidozi, kandi dozi, gonorea, sifil isi, herpesi, mikopl azmozi, hepatiti, Sidsi da sxva.

rogor xdeba sggd-Ta gavr cel eba?

- ◆ sggd-Ta gavr cel eba ZiriTadad sqesobrivi gziT xdeba. infeqciis wyaro sggd-is mqone sqesobrivi partnioria, miuxedavad imisa, aqvs Tu ara mas daavadebis niSnebi.
- ◆ sggd-Ta gadacema xdeba rogorc heteroseqsual uri, ise homoseqsual uri sqesobrivi kavSiris dros, vaginal uri, anal uri da oral uri sqesobrivi kavSiriT.
- ◆ zogierTi sggd mxol od sqesobrivi gziT rodi vrcel deba: daavadebul i adamianis sisxl i da sayofacxovrebo nivTebi axl o kontaktsi myof pirTa inficirebis mizezi SeiZl eba gaxdes.



Tu SemSneT sggd-is niSnebi, dauyovnebl iv mimarTeT special ist s; gaxsovdeT, daavadebis per iodSi Tqven safrTxes uqmiT rogorc Tqvens partniors, aseve gar SemomyofT.

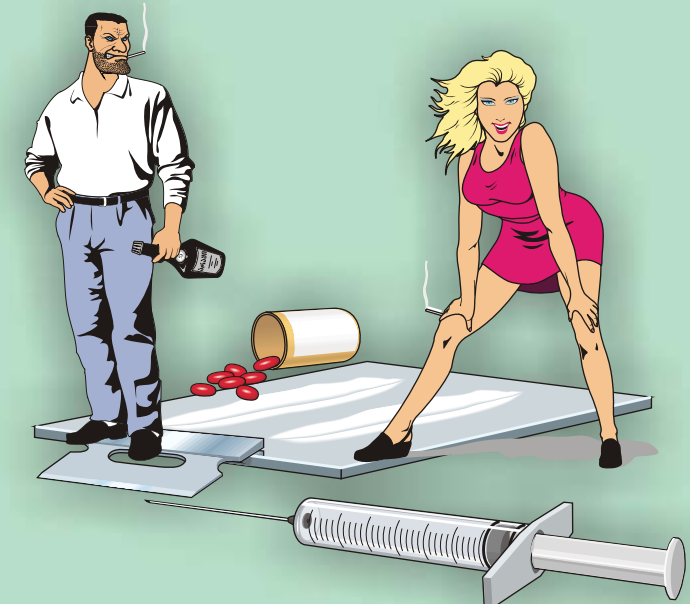
rogor davi cvaT Tavi sggd-gan?

sggd-gan Tavisi dacvis erTaderTi saimedosaSual eba usafrTxo seqsia.



isargebl e kondomiT!

- ◆ gamoiyeneT mxol od axal i kondomi (prezervativi) yovel i SemTxveviTi sqesobrivi kavSiris dros.
- ◆ endeT mxol od iseT kondomebs, romel Tac aqvT OK xarixsis niSani. kondomTan erTad isargebl eT spermicidebiT!
- ◆ Tavi moarideT SemTxveviT sqesobrivi kavSirs. al kohol isa da narkotikebis niReba adamians windauxedavs xdis da xel s uwyobs sggd-is gavr cel ebas.



- ◆ daucvel i, SemTxveviTi sqesobrivi kavSiris SemTxvevaSi dauyovnebl iv mimarTeT eqim-special ist s.

rogoria sggd-s pirvel i simptomebi?

sggd-is arsebobaze miuTiTebis iseTi niSnebi, rogoricaa sasqeso organoebis l orwovani garsebis siwiTI e, SeSupeba, wva, qavil i, gamonadeni sasqeso organoebidan, mtkivneul i, xSiri an gaZnel ebul i Sardva, gamonayari sasqeso organoebis midamoSi da wyl ul ebi, tkivil i sqesobrivi aqtis dros da a.S.

Tu SeniSneT sggd-is pirvel i niSnebi, bunebrivia, gebadebaT kiTxva: xom ara xarT inficirebul i?

rogor moviqceT aseT SemTxvevaSi?

- ◆ ar mimarToT TviTkurnal obas! es gamoiwevs daavadebis qronikul formaSi gadasvl as, gauaresebs j anmrTel obis mdgomareobas, garTul ebs diagnostikas da mkurnal obas.
- ◆ dauyovnebl iv mimarTeT eqim-special ists (venerol ogs, mean-ginekol ogs, urol ogs, reproduqtol ogs) sggd-s droul i diagnostikis da swori mkurnal obis mizniT.



- ◆ diagnozis dasmamde Tavi SeikaveT sqesobrivi kavSirisagan. aucil ebel ia Tqveni sqesobrivi partnioris (partniorebis) gamokvl eva da mkurnal oba.
- ◆ eqimis daniSnul ebis gareSe ar gamoiyenoT farTod rekl amirebul i (an axl obl ebis mier rekomendirebul i) medikamentebi.

gaxsovdet:

sggd-isgan gankurneba mxol od swori, droul i diagnostikisa da efeqturi mkurnal obis Sedegadaa SesaZl ebel i! mkurnal obis dros anonimuroba dacul i unda iyos.

TviTkurnal obis an araspecial istTan mkurnal obis Sedegad sggd gadadis qronikul formaSi da miyavarT iseT saval al o SedegebTan, rogoricaa uSvil oba, TviTnebiTi abortebi, sqesobrivi funqciis moSi a da sxva.



sggd iwevs sasqeso organoTa l orwovani garsebis dazianebas, ris Sedegadac Sidsis virusi gacil ebiT ufro advil ad arwevs organizmSi da iwevs inficirebas.

informaciisaTvis mimarTeT i. Jordaniას sax. adamiანis reproduqciis s/k instituts.
TqvenTvis saintereso sakiTxebis srul yofil i informaciis misarebad dareket
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bukl eti gamocemul ia UNFPA finansuri daxmarebiT.

S qesobrivi

gziT

gadamdebi

daavadebebi

